

# 2025 COED ADULT VOLLEYBALL RULES

## *Richmond Parks & Recreation*

**\*\*Not all volleyball rules listed\*\***

**All rules resourced from General Volleyball Rules**

### Teams

- A. Participants must be in high school or older.
- B. If a team wants team shirts they must provide their own. Uniforms/team shirts are not mandatory.
- C. Each team will be allowed twelve players on their roster.
- D. All participants (and their signature) must be on a registration form/official roster before they play their first game of the season.
  - 1. Gym Monitor will have official rosters on game day.
- E. If a team knows they will have an illegal team (too many males) they can still play the game, but it will still count as a forfeit (no matter what—even if the other team says it is okay).
- F. **Roster Changes**
  - a. **Roster Changes are allowed at anytime, even during tournament time.**

### Illegal players/illegal rosters/illegal games

- 1. If you play with more males than females on game day.
  - a. Teams are NOT allowed to play with more males than females.
- 2. If you play with someone younger than high school (forfeit games being played with someone younger than high school is not allowed).
- 3. If you start a game with three players. (Four is the minimum number to start)
- 4. If a team captain suspects an opposing team of using an illegal player, etc. The team captain must bring it to the attention of the gym monitor and notify them prior to the end of the game.
  - a) Please bring this protest/ to the gym monitor respectfully.
  - b) If an illegal player is being used, then the game will be a forfeit by the offending team (If the gym monitor was made aware of the illegal player BEFORE the game is over).

### Equipment

- A. Game ball--The Parks & Recreation Department will supply a game ball. If both teams agree, a team's personal ball may be used instead of the game ball provided.
  - 1. Please do not kick the volleyball, play dodge ball with the volleyballs, or use the volleyballs other than what volleyball is used for. **PLEASE ENFORCE THIS WITH YOUR KIDS!**
  - 2. After you are done with the volleyballs on game day or during practice, please put them back in the bag/or on the cart.

### League Structure

- A. Game schedule may be viewed at [www.cityofrichmondmo.org](http://www.cityofrichmondmo.org)
- B. Each team will play 10 regular season games.
- C. Games will be played at Richmond City Gym (205 Summit St).
- D. On Game day, the gym door will unlock 30 minutes before the first scheduled match. Please do not come any earlier.
- E. **If your team is unable to play your scheduled game/time, please communicate with the other team to figure out when it can be rescheduled. Also, please communicate with Haley.**
  - 1. **If you are the team that cannot play the scheduled game and the other team cannot play or does not want to reschedule, then it will count as a forfeit game for the team that cannot play the original scheduled game.**

2. If you agree to a make-up a game and then decide you cannot play, that will be a forfeit on your team.

- F. PLEASE COMMUNICATE WITH THE OTHER TEAM AND Haley IF YOUR TEAM WILL NOT BE AT YOUR SCHEDULED GAME!

**TOURNAMENT PLAY**

- A. The post-season tournament date is on your game schedule.
- B. Tournament bracket will be available at [www.cityofrichmondmo.org](http://www.cityofrichmondmo.org) on \_\_\_\_\_.
- C. If inclement weather affects the regular game schedule, tournament play will still be played as scheduled.
- D. Teams will be seeded for the tournament based off their Win/Loss record
  - o If there is a tie for seeding, seeding will be determined based on head to head play.
  - o If there is still a tie after looking at head to head, a coin flip will be determined for who gets the higher seed.
- E. If the league captains agree (unanimously) to change the date of the tournament, that is an option.
- F. There will be no official. Teams will call their own calls, just like they did pre-tournament.
- G. Tournament play format will be (seeded) double elimination.

**Inclement Weather**

- 1. Call the Inclement weather hotline (816) 776-5304 ext. 3
- 2. Sign-up for "Richmond Alert" at [www.cityofrichmondmo.org](http://www.cityofrichmondmo.org) and a text message will be sent directly to your cell phone.
- 3. Hotline will be updated and Richmond Alert will be sent out one hour before game time
- 4. The hotline is only updated and a text message is only sent out if games are cancelled or if there is a game change.

**Game**

- 1. Games consist of six participants on the court per team.
  - a. Each team will be allowed twelve players on a roster.
  - b. Less than six players can play/start a game (min. to start is 4)
    - example- If you only have two girls you can only play with two boys (4v6).
  - c. If there are 5 or less players on the team; team must rotate in order and everyone must serve. A backline player shall not participate in the block or an attempt to block.
  - d. The players that are designated backrow or backline cannot block or jump in front of the 10 foot line. If this occurs this is called a backrow attack and the other team will get the point and serve.
- 2. If participant is under 18 years of age, their guardian must sign the form.
- 3. **THERE CAN NEVER BE MORE MALES THAN FEMALES ON THE COURT PER TEAM. IF THIS OCCURS, THE TEAM WILL HAVE AN AUTOMATIC FORFEIT (no exceptions, even if the other team agrees).**
  - Teams may play with more females than males.
- 4. There will be no official.
  - Teams must call their own game and mutually agree.
  - Please act like adults and figure the game out maturely.
  - Do not fight and get too emotional about disagreements.
  - PLEASE REMEMBER THIS IS A GAME!!!!
  - There will be a gym monitor, if you are being out of control, too unsportsmanlike, threatening, cussing, too emotional, etc, the supervisor might give you a warning or ask you to leave the gym. If you do not abide by this request, they will call the police and the police will escort you out, etc. And you will be suspended from the gym.

5. Team captains will conduct their own coin toss( please have a coin on hand). The team that wins the coin toss will determine who serves first. After each game of the match players change sides of the court. The team that served first at the beginning of the first game will receive first serve at the beginning of the third game.
6. After each game, please report scores and who won to the gym monitor to record.
7. Players must line up in alternate positions according to gender.
8. When given the ball to serve, players must rotate clockwise one position.
9. The server stands behind the baseline and hits the ball so it flies over the net and into the opponent's court. The server must wait until everyone is ready for the serve.
10. Underhand or overhand serves are allowed.
11. No blocking off the serve.
12. No spiking off the serve.
13. Substitutions are allowed only on a side out. Subs coming in will be the server.
14. When the ball comes over the net, the receiving team is allowed 3 hits to return the ball to the opposite court.
15. If the ball is hit more than one time before being returned, a female must make at least one of the hits before being returned.
  - Some examples of returned balls not allowed, guy/guy/over the net, guy/guy/guy/over the net. (point for the other team if this happens).
16. Open underhand hits, tipping, knuckle poking are allowed.
17. A ball hit by a player that hits the ceiling on his/her side of the net is still in play as long as the side has a hit left to send the ball over.
18. A ball hit by a player that hits the ceiling, or basketball backboard/hoop, wall, etc, on his/her side of the net is still in play as long as the side has a hit left to send the ball over.
19. If a ball touches the ceiling/beams or other obstruction on the opponent's side of the court (in bounds) this is considered out of bounds. A point will be rewarded to opposing team and so will the next serve.
20. Having the ball hit your foot is a legal when returning it over or to another team mate (kicking the ball not recommended, but is legal).
21. If a served ball hits the net and crosses over, it must be played.
22. It is a foul for any player to step over the centerline. When making a play, some part of your foot has to be touching some part of the center line below the net.
23. It will be a violation if you touch the net at any time.
24. A ball that lands on a boundary line is "IN".
25. If the ball hits a player, it is considered the player has played the ball, and is counted as a hit.
26. If the ball is hit by opponents simultaneously and lands out of bounds, the point will be played over
27. Having someone be a line judge might help, or you may just call it yourself.
28. Match time will be 45 minutes--Rally Scoring. Each match will consist best of 2 of 3 games to 25 points, win by two. If a third game is played, it will be to 15 points, win by two. If the 45 minute time limit has expired, it will be win by one. If a team finishes their matches with plenty of time left, then the two scheduled teams still have the court for the 45 minute duration.
29. A change in player rotation cannot be made during the game. Unless there is an injury/etc.
30. **Players will exhibit good character at all times!** Profane or abusive language will not be tolerated. Offenders will be ejected from the game. Striking or threatening a supervisor, another player, or destruction of property will result in the suspension of the player(s), or possibly the entire team for the season. The length of the suspension will be determined by the Richmond Recreation Director.
31. **5 minutes after scheduled game time is forfeit time**

If the previous game is completed "ahead" of schedule, the next scheduled game can start before scheduled time if both team captains agree.

32. Be prepared for games to run behind schedule....or ahead of schedule. If a team wants to start early they may, only if both team captains agree.
33. Team captains are responsible for keeping track of time
34. **External Interference:** A shouted warning (such as "Ball on!") is sufficient to affect the outcome of play, provided that a player had a chance to make a legal play of the ball. The rally is immediately canceled and reserved. Misuse of this privilege is unsportsmanlike conduct. Examples of external interference ball rolling on the court, children, or other players coming onto the court.

### **MISC.**

- A. A player who is bleeding, or who has an open wound, or has blood on his/her body or clothing, shall be prohibited from participating further in the game, until appropriate treatment has been administered
- B. There will be no alcohol or drugs allowed in the parking lot or in the gym.
- C. If a player is noticeably intoxicated, the team captain or supervisor will ask them to discontinue playing or to leave. If they do not leave the police will be called.
- D. **Players will exhibit good character at all times!** Profane or abusive language will not be tolerated. Offenders will be ejected from the game. Striking or threatening an official, another player, or destruction of property will result in the suspension of the player(s), or possibly the entire team for the season. The length of the suspension will be determined by the Richmond Recreation Director.
- E. Each team is responsible for picking up the trash around their area.
- F. Any player ejected from a game is automatically suspended from the team's next scheduled game. Additional games may be added on the suspension.
- G. If a physical altercation occurs, the involved people will be suspended from the league for the remainder of the season.
- H. Please have control of your children.
- I. Team Captains, If you would to schedule practice, please e-mail, text, or call Haley.
- J. Awards-The team that wins the championship tournament will receive Championship medals.

### **Sportsmanship**

- A. **Please Display Good Sportsmanship! This League is JUST FOR FUN!!!!!!**
- B. Team captains, it is your responsibility to keep your team and crowd under control!
- C. Good Sports
  - a) DO....keep their teammates under control.
  - b) DO....keep their Coaches, spectators, and players under control.
  - c) DO....help out the Umpire by telling him/her they did a nice job.
  - d) DO....play hard, have fun and enjoy the games.
  - e) DO not....use inappropriate language towards anyone on or around the gym. (Remember, your brothers, sisters, sons, daughters, Mom and Dad, AND CHILDREN are sitting around watching and listening to you).
  - f) DO not....try to hurt an opponent, fan or umpire by physical roughness or trash talking.

PLEASE REMEMBER CHILDREN ARE IN THE GYM AND THEY ARE WATCHING HOW YOU ACT AND LISTENING TO WHAT YOU SAY!