



5K RUN

Parks & Recreation Department

Proceeds go towards Richmond City Gym Improvements

This event runs in conjunction with the Richmond Mushroom Festival

RACE DAY: FRIDAY, MAY 2, 2025

RACE START TIME: 6:45PM

CHECK IN TIME/PICK UP RACE PACKET/RACE DAY SIGN UPS: 5/2/25@ 6:00PM-6:40PM

CHECK IN LOCATION: INSIDE RICHMOND CITY GYM (205 SUMMIT ST.)

QUESTIONS? EMAIL: HWILLIAMS@CITYOFRICHMONDMO.ORG OR CALL: 816-776-5304 EXT.2

\$30.00 (sign up after 4/14: \$40)

Please put a check mark in the box to indicate what division you will be racing in for the 5k Race (age you are on 5/2/2025)

- | | | | | | |
|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> 10U female | <input type="checkbox"/> 11-14 female | <input type="checkbox"/> 15-18 female | <input type="checkbox"/> 19-25 female | <input type="checkbox"/> 26-35 female | <input type="checkbox"/> 36-45 female |
| <input type="checkbox"/> 10U male | <input type="checkbox"/> 11-14 male | <input type="checkbox"/> 15-18 male | <input type="checkbox"/> 19-25 male | <input type="checkbox"/> 26-35 male | <input type="checkbox"/> 36-45 male |
| <input type="checkbox"/> 46-55 female | <input type="checkbox"/> 46-55 male | <input type="checkbox"/> 56-65 female | <input type="checkbox"/> 56-65 male | <input type="checkbox"/> 66+ female | <input type="checkbox"/> 66+ male |

Medals will be given to the top two finishers in each division.

Please Circle Shirt Size, Below.

YS, YM, YL, AS, AM, AL, AXL, 2XL, 3XL (sign up after 4/14 & shirt will not be available until after race day.)

Participants Name: _____ Phone: _____

Address: _____ E-mail: _____

Date of Birth: _____ Age on 5/2/25: _____ Gender: _____ Heath Concerns: _____

Emergency Contact Name: _____ Phone: _____ Relationship: _____

I, the participant or the guardian of the above name stated for the Richmond Mushroom Festival 5K Run, sponsored by the Richmond Parks and Recreation Department, hereby give my approval to participate in this event. I am aware that participation in this 5K may result in serious injuries and this is a potentially hazardous activity. I (nor the above stated person I am guardian for) would not participate in this 5K unless myself or the person I am legally responsible for is medically able and properly trained. I assume all risks associated with participating in the event, including, but not limited to falls, effects of weather (including high heat and humidity, rain, etc.), traffic, and the conditions of the road-all such risks being known. I do hereby waive, release, absolve, indemnify and agree to hold harmless the Richmond Parks and Recreation Department, City of Richmond, Mushroom Festival Committee, the organizers, sponsors, supervisors, and participants for any claim arising out of any injury to myself or my child whether the result of negligence, or for any other cause. In addition, I agree, understand, and will allow the City of Richmond Parks and Recreation Department to take and use mine or my child's photograph, likeness, name, statement, or video. I understand that the City of Richmond Parks and Recreation Department may use the photograph, likeness, name, statement or video for the purposes of publication, presentation, websites, and social media channels.

I have read and fully understand the above activity details and waive and release all claims including damaged, stolen, or lost property that could occur during the event., and I am aware there are not refunds.

Signing below means you are aware this is event is for FUN and that you have read and agree with the above.

SIGNATURE: _____ **Date** _____

(if participant is under 18, parent/legal guardian must sign)



Office Use Only: Amount Paid: \$ _____ Date Recorded: _____ By: _____

Race Day Notes

- Start/Finish Line, in the Parking Lot of Richmond City Hall (205 Summit St..)
- Check in inside Richmond City Gym, enter facility through Green Parks & Recreation awning.
- Restrooms available inside Richmond City Gym.
- Parking available at Richmond City Hall parking lot. Parking area will be posted.
- INCLEMENT WEATHER HOTLINE: 816-776-5304 ext, 3. OR "LIKE" Richmond Parks and Recreation Facebook Page for any event changes or cancellations.

5K ROUTE DIRECTIONS

- Start in Richmond City Hall Parking lot.
- Run straight to W. Franklin St.
- Turn East/ Right on W. Franklin St.
- Turn South/Right on S. Wellington St.
- Turn East/Left on Pine St.
- Turn North/Left on Davids Dr.
- Turn West/Left on 1st St.
- Turn North/Right on S. Wellington St. (You will now return the same way).
- Turn West/Left on W. Franklin St.
- Turn South/Left on S. College St.
- Run back to Finish Line at City Hall Parking lot (Where you started).

RUN OUT →

RUN BACK →

